

Radiant You™

Cleansing, Renewing Skin Care

Elisabeth Sigmund, co-founder of Dr.Hauschka Skin Care, developed Dr.Hauschka Signature Cleansing to work in concert with the skin's metabolism, encouraging the lymph system's cleansing functions and awakening skin to radiant beauty.



- > Fill a basin or bowl with warm water, then add 1-2 pumps of Lavender Bath. Give water a gentle swirl to mix.



- > Soak a soft cotton compress in the lavender water.
- > Wring the compress then apply it to the face, neck and décolleté for 15 seconds. Place compress in basin or bowl.



- > Squeeze ½" of Cleansing Cream into your palm and dilute with a few drops of lavender water until mixture forms a creamy paste.



- > Starting at the center of your forehead, press the Cleansing Cream into your skin with a relaxed, light touch (never scrub).
- > After pressing, open and "roll" your hands away from your face in a wave-like motion. Repeat this "press and roll" movement, working from the center of your face outward and moving down your face, ending at bottom of décolleté.
- > Repeat for 1-3 minutes.



- > Remove Cleansing Cream with warm lavender compress.
- > Ideally, finish with cool, clean compress.



- > Mist face, neck and décolleté with Facial or Clarifying Toner, press lightly into skin.